

# STOP THE SPREAD !

## HELP PREVENT THE SPREAD OF COVID-19



Wash hands often with soap and water for at least 20 seconds.



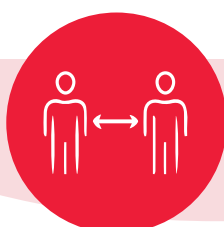
COVER YOUR COUGH OR SNEEZE



When in public, wear a mask or face covering that covers your nose and mouth.



CLEAN AND DISINFECT SURFACES



Practice social distancing and avoid close contact with others who are sick.



STAY HOME WHENEVER POSSIBLE



LAKE FOREST  
**ACUTE CARE**  
WALK-IN URGENT CARE

1025 W. EVERETT RD. LAKE FOREST, IL. 60045

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